

A group of pregnant women are lying on their backs on a wooden floor in a bright, modern gym. They are performing a leg lift exercise, with their legs raised straight up in the air. They are wearing athletic wear, including leggings and sports bras. In the background, there are wooden ballet barres and large windows letting in natural light. The overall atmosphere is clean and professional.

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**ФИЗИЧЕСКОЕ ВОСПИТАНИЕ СТУДЕНТОВ
СПЕЦИАЛЬНЫХ МЕДИЦИНСКИХ ГРУПП
С ИСПОЛЬЗОВАНИЕМ УНИФИЦИРОВАННЫХ
ТРЕНИРОВОЧНЫХ КОМПЛЕКСОВ**