

The background image shows a group of young men in various colored athletic wear (blue, red, yellow, green) running in a race on a paved city street. They are captured in motion, with some holding wooden sticks. In the background, there is a large, ornate building with many windows and a tall, dark monument or column. Two red flags are visible on poles. The scene is brightly lit, suggesting a sunny day.

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**ОСНОВНЫЕ ПОЛОЖЕНИЯ
ПО ТЕОРИИ
ФИЗИЧЕСКОЙ КУЛЬТУРЫ
И СПОРТА**